

# Behavior Coupons

Good For

a trip to the pool



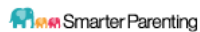
Good For

staying up 10 minutes late



Good For

not making bed  
for one day



Good For

getting your favorite cereal  
at the store



These reward coupons give you ideas to reward and motivate your children. Give them to your child when they've done something well.

**Good For**

5 extra minutes of TV time

 Smarter Parenting

**Good For**

5 extra minutes of  
computer time

 Smarter Parenting

**Good For**

5 extra minutes of  
tablet time

 Smarter Parenting

**Good For**

5 extra minutes of  
video game time

 Smarter Parenting

**Good For**

staying up 10 minutes late

 Smarter Parenting

**Good For**

one treat

 Smarter Parenting

**Good For**

watching one movie of  
your choice

 Smarter Parenting

**Good For**

a trip to the library

 Smarter Parenting

**Good For**

a play date with friends

 Smarter Parenting

**Good For**

a trip to the pool

 Smarter Parenting

**Good For**

a hike with mom or dad



**Good For**

a new shirt



**Good For**

a game of miniature golfing or bowling



**Good For**

choosing the game on game night



**Good For**

one bike ride with mom or dad



**Good For**

one new ringtone



**Good For**

not making bed for one day



**Good For**

a trip to the dollar store



**Good For**

going out to breakfast with mom or dad



**Good For**

cooking a recipe with mom or dad



**Good For**

an afternoon in the park



**Good For**

one chore skip with mom or dad doing them for you



**Good For**

one eat breakfast food for dinner



**Good For**

one double the size of dessert at dinner



**Good For**

dress up 1 parent in funny costume and take pictures



**Good For**

making an indoor fort and watching a movie



**Good For**

getting your favorite cereal at the store



**Good For**

one lunch date



**Good For**

reading a book with mom or dad



**Good For**

choosing a treat from the treat jar



**Good For**

family movie night

 Smarter Parenting

**Good For**

an ice cream cone

 Smarter Parenting

**Good For**

one job swap

 Smarter Parenting

**Good For**

the purchase of one  
song online

 Smarter Parenting

**Good For**

one mommy date

 Smarter Parenting

**Good For**

one daddy date

 Smarter Parenting

**Good For**

20 minutes of undivided  
attention

 Smarter Parenting

**Good For**

choosing what to eat  
for dinner

 Smarter Parenting

**Good For**

going out to breakfast with  
mom or dad

 Smarter Parenting

**Good For**

cooking a recipe with  
mom or dad

 Smarter Parenting

**Good For**

play a board game with  
mom or dad

 Smarter Parenting

**Good For**

one sporting event with  
mom or dad

 Smarter Parenting

**Good For**

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**Good For**

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