

MATCHING BEHAVIOR WITH NATURAL CONSEQUENCES

This activity helps kids (3-12) understand that all behaviors—both positive and negative—have natural consequences.

Direction: Cut out the lists of a child's behavior and natural consequences. Put the two lists in separate piles. Have your child draw one from the behavior pile and find the corresponding natural consequence. Discuss why it's a natural consequence. Repeat until you've matched all the cards.

Variation: Using just the behavior cards, have them determine what the natural consequence would be.

BEHAVIOR	NATURAL CONSEQUENCE
They do not go to bed on time	They feel tired the next day.
They do not eat dinner.	They are hungry at bedtime.
They do not complete homework.	They don't do well on a test and get a bad grade.
They finish their chores early.	They have more free time to play.
They clean their room.	They are able to find their toys and clothes and aren't rushed.
They eat too much candy.	They feel sick to their stomach.
They don't use an umbrella when raining.	They get wet.
They leave their toys outside.	They toys may be ruined, lost, or stolen.
They play with matches.	They may burn themselves or something else.
They tease the neighbors dog.	They will get bitten or barked at.
They come home on time.	They don't get in trouble and get to play with friends next time.